Safe Haven Sussex CIC - Bulletin July 2021





Safe Haven Sussex in bloom

21 houses are participating this year so far, so if anyone else is interested please let your Support Coordinator know. Have fun planting, judging date to be confirmed. Winners will receive youchers!!!



A success story for C. Although needing to remain anonymous, C wanted her story told so that it would encourage others. C had issues with alcohol and wanted to find a home where she would have the security to rebuild her life. During her time at SHS C engaged with the support provided, this gave her a volunteering opportunity. C was able to maintain sobriety, and sustain her accommodation, she found part time work and completed her CV. Her goal was to move on to her own private rental property. When ready, C applied for a SHS move on loan to aid her move on to independence. The loan was approved and in February 2021 C moved to her own privately rented flat. C is still accessing external support from SHS, and she has secured full time employment with 2 jobs. C has said "I still feel like a work in progress but have no regrets about the move". C has also expressed that she is grateful for the support offered to her by SHS in taking this step.

Services in the Community

• EVOLVE: Supports adults in the homeless pathway into work, volunteering, and education.

Please get in touch: Evolve@brightonmca.co.uk

Tel: 01273093000

 Change Grow Live (CGL): Offer recovery-focused drug and alcohol support,

"We believe everyone has the ability to change". online Peer Mentoring Drop in on ZOOM.

Join them, Fridays 1pm Meeting ID: 865 4275 8931

Passcode: 166603

Are you ready to move on into your own private rental accommodation? Ask about the SHS move on scheme. You may be eligible for a Loan. SHS will pay the £250.00 administration fee for you. (Terms and conditions apply - please ask for details)



Coming Soon Safe Haven Sussex Workshops/Events.

Back in business at last: Face to face workshops/events will be commencing soon:

6th August - Work and Learning Fair

10th September – Health and Wellbeing Fair

18th October – Safe Haven Sussexin-bloom Awards and more TBA.

These dates are subject to change according to Government Guidelines.

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Information for Residents about your gardens:

We do arrange a gardener to visit the garden at your home at least twice a year, usually more for certain ones that need extra work such as trees that need cutting back. As we are now fully into summer and the lawns are growing fast, don't forget we do have

lawn mowers available for you to use if you wanted to mow your lawn, just ask your Support Coordinator to arrange it.



In the past 4 years we have worked with many organisations in the community and the Local Authority that have supported our service users, and for that we would like to say thank you all, in particular:

- ♣ Antifreeze/Off the Fence for supporting us at the very start and for continuing to support our staff and Service Users.
- **4** Emmaus for helping us with furnishing our homes.
- ♣ Brighton and Hove buses for providing us with several free bus tickets.
- ♣ Several Trusts that have granted funds of almost £4,000 to over 20 individuals for various items such as phones, tablets, laptops for individuals who needed to access the internet for work or learning. They also provided individuals with furniture when they were moving on.
- ♣ Dobby's Garden Centre, B&Q and Hobbycraft for donating items such as Christmas trees, plants, and art supplies for workshops.
- ♣ The Toiletry Amnesty for donating make-up, toiletries, and hygiene products.
- ♣ Knight Support for donating second hand tv's, bikes and phones.
- ♣ B&Q for giving a 10% discount on all garden plants/seeds etc for Safe Haven Sussex in bloom.

Covid-19: it has been difficult but with the support of our staff and Service Users we have been able to implement measures to ensure as much as possible that everyone was kept safe. Thank you to all our Service Users for being patient and understanding.